



The Society for Descriptive Psychology

33rd Annual Meeting

September 22-25, 2011

The Golden Hotel, Golden, CO

The Annual Meeting of the Society for Descriptive Psychology is an opportunity for professionals from many disciplines to gather and exchange ideas about a wide range of topics related to understanding persons and their behavior. Traditionally the scope of applications for Descriptive Psychology has included the practice of healthcare and psychotherapy; education and human development; societies, communities, and cultures; organizational leadership and effectiveness; forensic, legal, and law enforcement; computer science; and spirituality. The common ground shared by participants is the exciting and expansive conceptual framework of Descriptive Psychology.

The 2011 Meeting features presentations, panels, and participant discussions in the areas shown on the “Program at a Glance” pages and described in more detail on the following pages. Instructions for conference registration and making hotel reservations in beautiful Golden, Colorado appear at the end of this program announcement.

For further information on the Conference, the Society, or Descriptive Psychology, please contact either:

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Society for Descriptive Psychology www.sdp.org

2011 Program at a Glance

Thursday moderator: Fernand Lubuguin, Ph.D.

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| 1:00 - 3:30 p.m. | Board of Directors Meeting | Elk Creek Board Room |
| 3:30 - 5:30 p.m. | Check-in and registration | Outside the Golden Vista room |
| 4:00 - 5:45 p.m. | Actor Central: An Introduction (Part II) | Clarke J. (CJ) Stone |
| 6:00 - 7:30 p.m. | Welcome & dinner | Mary K. Roberts, Ph.D. |
| 7:30 - 9:00 p.m. | “And the beat goes on...” | Carolyn Zeiger, Ph.D. |

Friday morning moderator: Jane Littmann, Ph.D.

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| 8:15 a.m. | Breakfast served | |
| 8:00 - 9:00 a.m. | Registration | Outside the Golden Vista room |
| 9:00 - 10:00 a.m. | “All the World’s a Stage”: A Person-Centered View of Science | Raymond Bergner, Ph.D. |
| Break | | |
| 10:10 - 11:10 | Theologies | Paul Zeiger, Ph.D. |
| Break | | |
| 11:20 - 12:20 | We’re Off to See the Wizard: Politics, Charisma, and Community Change | Charles Kantor, Ph.D. |
| 12:20 - 1:30 p.m. | Lunch | |

Friday afternoon moderator: Nancy Kantor, Ph.D.

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| 1:30 - 2:30 p.m. | “Promise them Anything, but Give them a Diamond.” | Catherine Felknor, Ph.D. |
| 2:30 - 3:00 p.m. | Running across the US: Using DP Concepts to Understand Extraordinary Behavior | Jacob Sidman, Ph.D. |
| Break | | |
| 3:15 - 5:00 p.m. | Ethics without Theories: A Content-free Guide to Making Tough Decisions | Paula Holt, J.D., MBA, and Sonja Holt, Ph.D. |
| 5:15 - 7:00 p.m. | Dinner | Golden Vista room |
| 7:00 - 8:30 p.m. | Business meeting | H. Joel Jeffrey, Ph.D., Presiding |

Saturday morning moderator: Laurie Bergner, Ph.D.

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|-------------------|---|--|
| 7:45 a.m. | Breakfast served | |
| 8:30 - 10:00 a.m. | Presidential Address - Dispelling the Illusion of Irrationality: Re-doing Economics from the Ground Up | H. Joel Jeffrey, Ph.D. |
| Break | | |
| 10:10 - 11:10 | Learning Descriptive Psychology through Structuring a Care Conference | Richard Heinrich, M.D. |
| Break | | |
| 11:20 - 12:20 | World Maintenance and Expansion: Playing against the Intolerable and the Unthinkable — The Practical Logic of Play Therapy | Wynn Schwartz, Ph.D., Eben Lasker, M.A., and members of the Boston Study Group |
| 12:20 - 1:30 p.m. | Lunch | |
| 12:30 - 2:00 p.m. | Board of Directors meeting | Elk Creek Board Room |
| 1:30 - 6:30 p.m. | Free time to enjoy the mountains and each other | |
| 6:30 - 7:30 p.m. | Cocktail hour and appetizers | |
| 7:30 - | Banquet and awards ceremony | |

Rejuvenation Morning moderator: Ralph Wechsler, Ph.D.

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|-------------------|--|---|
| 8:15 a.m. | Breakfast served | |
| 9:00 - 10:15 | <i>The King's Speech</i>: Learning Descriptive Psychology at the Movies | Carolyn Zeiger, Ph.D. with Kristi Cassady, Allison Evins, Julie Keys, M.Div., Brian Mund, and Gift Wahiwe, M.A |
| Break | Extra time for checkout | |
| 10:45 - 12:00 | Teaching <i>Place</i> to Entrepreneurs | Bill O'Brien, Psy.D. |
| 12:00 - 1:30 p.m. | Lunch | |

**Featured Presenters, Presentations, Panels, and Abstracts:
Thirty-third Annual Meeting of the Society for Descriptive Psychology**



Actor Central: An Introduction to Descriptive Psychology (Part II)

Clarke J. (CJ) Stone

Independent Scholar; Grant Process Coordinator, University of Minnesota

Actor Central II is the second hour of “Actor Central: An Introduction to Descriptive Psychology,” a continuation from Actor Central I, presented at the 2009 meeting of the Society for Descriptive Psychology. Actor Central I focused on a core feature of Descriptive Psychology, the individual, and the tools to describe individuals and their behaviors. This presentation expands the discussion by moving the individual into communities. In Descriptive Psychology, a community and its social practices are used to describe and understand individuals and their behaviors.

“And the beat goes on.....”

Carolyn A. Zeiger, Ph.D.

From conference to conference, we continue to think, expand, develop our understanding and applications of Descriptive Psychology throughout the year. This is a time when presenters from previous conferences briefly describe where they have taken their work since they last shared it in a DP conference.

“All the World’s a Stage:” A Person-Centered View of Science

Raymond Bergner, Ph.D.

Professor of Clinical Psychology, Illinois State University

In this talk, an alternative view of the nature of science will be presented. Building on the work of Ossorio (1981, 1998, 2006) and Roberts (2010), the presenter will argue against the currently prevalent view that (a) the real world is just the totality of physical states of affairs; (b) it is independent of us and our human distinctions; and (c) we are mere spectators whose job as scientists is to understand it. Six arguments will be advanced against this view of science, culminating in a positive view wherein science emerges as a far more person-centered venture and the real world itself emerges as essentially the world of persons and their behavior.

Theologies

Paul Zeiger, Ph.D.

Parkinson’s Educator and Independent Scholar, Denver, CO

This presentation will explore the means by which competence in some domain of interest can be acquired in an organized and reproducible way. The domain of particular interest will be spirituality. The exploration will shed light on how different levels of competence might be distinguished, and on how differences in the means used to attain spiritual competence differentiate religions.

We’re Off to See the Wizard: Politics, Charisma, and Community Change

Charles Kantor, Ph.D.

Clinical Psychologist, Private Practice, Rochester, NY

The presentation will utilize the Descriptive Psychology concepts of status, community, and world to work toward an understanding of political behavior. This initial presentation will focus on the emergence of charismatic leaders, the community conditions involved in this phenomenon, and implications for our current political culture.

“Promise Them Anything, but Give Them a Diamond.”

Catherine Felknor, Ph.D.

Independent Consultant, Boulder, CO

The presenter has frequently used Descriptive Psychology (DP) concepts in planning and evaluation in the field of education, when problem solving in staff meetings, developing grant proposals, conducting teacher training, designing evaluations, collecting data, providing feedback to faculty/parents, doing presentations for educational evaluators, or supervising employees working on various aspects of evaluation projects. The presenter will provide a brief overview of what’s involved in doing evaluations of education programs with standard approaches and will then provide examples that demonstrate the application of DP concepts. She will also differentiate two types of application of the concepts (use by evaluator and explanation to person to promote their use). Participants will be involved throughout the presentation through Q & A and discussion. Although there will be no handouts, transparencies of certain diagrams will be used.

Running across the US: Using DP Concepts to Understand Extraordinary Behavior

Jacob Sidman, Ph.D.

Clinical Psychologist, Private Practice, Aptos, CA

A young man, Ryan, has chosen to run across the U.S. at a rate of about 30 miles per day from a beach in Santa Cruz, CA, to a beach in Ocean City, MD. While feats of extraordinary behavior often provoke speculation and the desire for oversimplified explanation, the presenter will instead show how a full description of such behavior—using Ossorio’s Paradigm of Intentional Action (PIA), Person Characteristics, Significance, and State of Affairs concepts—will tell a complete enough story. He will also trace his increasing appreciation of the significance of this young man’s extraordinary behavior to “Intentional Action and Empathy: A Descriptive Psychology Approach,” a recent paper by Wynn Schwartz.

Ethics without Theories: A Content-Free Guide to Making Tough Decisions

Paula Holt, J.D., MBA, Adjunct Professor, DU Department of Business Ethics and Legal Studies

Sonja Holt, Ph.D., Clinical Psychologist, Private Practice; Community Supervisor, GSPP

Business leaders, therapists, parents, and educators all have an investment in understanding why people do what they do. The Judgment Diagram is one of the Descriptive Psychology tools that helps do just that. In particular, the Judgment Diagram helps sort out the reasons people have for acting one way versus another. In fact, it is a particularly useful tool for sensitizing students, teachers, parents, therapists and others to the different reasons a person has for making decisions, and in particular, for giving ethical reasons appropriate weight during the process of making decisions and acting on those decisions.

As with other tools in Descriptive Psychology, the Judgment Diagram is portable. As a schema that represents “Why people do what they do,” it applies to any situation where people act on judgments or decisions they have made. To this end, the presenters have worked out ways to apply the Judgment Diagram to a variety of real-life situations, for example, with therapists, parents and teachers, students in elementary and middle school, and now college students who are preparing for careers in the world of business.

In this presentation, the presenters will introduce exercises and applications of the Judgment Diagram they have used with business students who attended the Ethics Boot Camp, sponsored by the Department of Ethics and Legal Studies at the University of Denver. This presentation will show one of the ways Descriptive Psychology can be implemented in different settings and disciplines: e.g., parenting, psychotherapy, and business. It will also demonstrate how a content-free Descriptive Psychology formulation can be transposed and applied to different settings.

Presidential Address -

Dispelling the Illusion of Irrationality: Re-doing Economics from the Ground Up

H. Joel Jeffrey, Ph.D.

Professor of Computer Science, Northern Illinois University

President, Society for Descriptive Psychology

Economics as it exists today is the apotheosis of behaviorism: i.e., economics describes individual behavior as input and output, decision as choice of outcome, and equating value with prudential value. Accepting that world description forces one to conclude that people are irrational, driven by hidden forces that shape their decisions; that is the view held, popularized, and acted on by economists today. Besides being a pathogenic degradation, this view is fundamentally erroneous, for it is based on the flawed assumption that persons are input-output machines. Starting with the recognition that economic behavior is *behavior*, and continuing with the recognition that people choose what to do based on their reasons, and that everything a person does is a case of engaging in a social practice of a community, a new paradigm for economics will be developed during this presentation. The presenter will show that the problem is not people; the problem is the paradigm whose central concept is that persons are machines. People and their behavior, including their economic behavior, make sense, and the claimed irrationality is an illusion produced by flawed behavior descriptions.

Learning Descriptive Psychology through Structuring a Care Conference

Richard Heinrich, M.D.

Medical Director Hospice and Palliative Care, HealthPartners Medical Group

What is the job description of a skilled, compassionate, palliative care professional? One suggested job description is the ability to create a professional caring relationship where the relationship is mutually defined by client and clinician, and where the clinician is able to share expertise, to facilitate, and to mediate as the circumstances deem necessary. A core skill is the ability to establish the eligibility from the client/patient/family to do this job. Descriptive Psychology (DP) concepts can inform clinicians in thinking through facilitation strategies and enhancing job performance. The presenter will show how the structured interview format outlines the actions/performances of the clinician, the descriptive psychology concepts upon which the clinician is acting, and the significance of the action/performances in creating a professional caring relationship with patient, family, and other health care providers.

World Maintenance and Expansion: Playing against the Intolerable and the Unthinkable — The Practical Logic of Play Therapy

Wynn Schwartz, Ph.D.

Massachusetts School of Professional Psychology, Boston, MA, and Harvard University;

Eben Lasker, M.A., Massachusetts School of Professional Psychology;

and members of the Boston Study Group

“On the seashore of endless worlds, children play.” Tagore misquoted by Winnicott

The intolerable and the unthinkable establish defensive boundaries around a person’s world and on the range of his behavior potential. This presentation will provide a conceptual framework for psychodynamic play therapy, as well as for any other non-directive therapy, in order to clarify how improvisation is vital to the expansion of the boundaries of an otherwise constricted world.

The King's Speech: Learning Descriptive Psychology at the Movies

Carolyn A. Zeiger, Ph.D.

Clinical Psychologist, Adjunct Faculty, University of Denver GSPP

with Kristi Cassidy, Allison Evins, Julie Keys, M.Div., Brian Mund, Gift Wahiwe, M.A.

During this presentation, Carolyn Zeiger will lead a discussion that uses the movie, "The King's Speech," to illustrate key Descriptive Psychology concepts from Raymond Bergner's *Status Dynamics: Creating New Paths to Therapeutic Change*, and from Carolyn's paper, "The Miss Marple Model of Psychological Assessment" (published in Volume 6 of *Advances in Descriptive Psychology, Volume 6, 1991*). Major participants in the discussion will be students from the University of Denver's Graduate School of Professional Psychology, where the students attended a psychotherapy seminar taught by Dr. Zeiger and by Fernand Lubuguin, Ph.D. This is an active-learning, participative presentation that will demonstrate how this DP approach can be utilized to enhance any school or model of psychotherapy. The fundamental principles of status dynamics psychotherapy will be listed on the handout.

Teaching Place to Entrepreneurs

Bill O'Brien, Psy.D.

Lecturer, History and Society Division, Babson College, Wellesley, MA

Babson College is a business school recognized nationally for its training of entrepreneurs. The presenter will discuss his experiences in teaching to his business students at Babson the Descriptive Psychology maxims from Peter G. Ossorio's *Place*, in light of the fact that the maxims are logical forms and that entrepreneurs (and non-entrepreneurs alike) can use the maxims to ground their thinking and their decision-making in logic. He will design the presentation as a workshop on teaching Descriptive Psychology, as described in *Place*, with a focus on what does and does not work in an academic setting. In addition to providing anecdotes from the classroom and sample student papers, he will solicit feedback from the group on how he and others can better teach the topic.

ACCOMMODATIONS

The Golden Hotel is located at 800 Eleventh St. in Golden, Colorado.

Conference reservations must be made by phone at (800) 233-7214 or (303) 279-0100. Please specify the conference and group name when making reservations.

The room reservation deadline is Wednesday, August 24th.

Room rates:

Single and Double: \$119 per room, per night, plus local sales tax

Oversized Deluxe: \$139 per room, per night, plus local sales tax

The Golden Hotel is 45 miles from Denver International Airport and 12 miles from downtown Denver, just off I-70, with complimentary guest parking on-site. The Hotel is adjacent to Clear Creek and the Clear Creek walking path in the heart of Golden's downtown historic district.

Transportation options such as airport shuttles, cabs, and limo services appear on the hotel website: www.thegoldenhotel.com



The creek outside the Golden Hotel

CONTINUING EDUCATION CREDITS

The [Panhandle Learning Institute](http://www.panhandlelearninginstitute.com), a division of The Pelican Enterprise, LLC, will provide up to 13 hours of CE Credits for the conference. Please contact Linda Wasserman at 850-206-4608 or at pelicanpost@cox.net with questions.

The Panhandle Learning Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Panhandle Learning Institute maintains responsibility for this program and its contents.

REGISTRATION

Plated meals are included *only* in pre-registration, so we encourage you to register as soon as possible.

Registration after September 6th does *not* include the plated meals. This is because of our deadline for letting the Golden Hotel know your choices. Those who register after September 6th will be able to order from the Golden Hotel restaurant menu and eat with the group, but at their own expense.

Your pre-registration fee includes *all* shared costs (like fees for the meeting room and A/V equipment), food for breaks, plated meals, and the banquet. Regular registration includes *all* shared costs, food for breaks, and the banquet.

Pre-registration (Must be postmarked by Sept. 6th)

| | |
|---------------------------------|----------|
| _____ SDP members@\$350 | \$ _____ |
| _____ Non-members@\$400 | \$ _____ |
| _____ Student presenters@\$125 | \$ _____ |
| _____ Student members@\$190 | \$ _____ |
| _____ Student non-members@\$200 | \$ _____ |

Regular registration (Postmarked after Sept. 6th)

| | |
|---------------------------------|----------|
| _____ SDP members@\$400 | \$ _____ |
| _____ Non-members@\$450 | \$ _____ |
| _____ Student presenters@\$125 | \$ _____ |
| _____ Student members@\$190 | \$ _____ |
| _____ Student non-members@\$200 | \$ _____ |
| _____ Single day@\$200 | \$ _____ |

Total registration fees: \$ _____

The Pre-registration Menu: Please circle your choice for each meal on the menu on the next page. The Basic and Veggie options are included in the pre-registration fee. If you want to order plates from the Red and Gold columns, add the upgrade fee here. Please use a separate menu for each person registered, and *include the menu(s)* when you send your pre-registration(s).

| | |
|-------------------------|----------|
| _____ Red tickets@\$15 | \$ _____ |
| _____ Gold tickets@\$40 | \$ _____ |

Total meal upgrade fees: \$ _____

Total registration fees: \$ _____

Total meal upgrade fees: \$ _____

Total banquet fees: \$ _____

TOTAL ENCLOSED: \$ _____

For students:

“Students must be matriculated on the date of the conference at least 1/2 time in an accredited college degree-seeking program, including enrollment for a required internship.”

Name of college or university: _____

Half-day Guest Policy:

Each SDP member registered for the conference may host a guest for a free half-day; the guest must be a non-member and may be hosted only once per conference. The free half-day is offered as a way to introduce new people to Descriptive Psychology and to our community.

The Society Banquet: Sat. night, Sept. 24, 2011
The banquet is **included** in the full registration fee. It is extra only for guests and single day registrants. For those **not** registered full-time for the conference, the banquet fee is:

| | |
|---------------------|----------|
| _____ Adults @\$75 | \$ _____ |
| _____ Children@\$30 | \$ _____ |

Total banquet fees: \$ _____

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Please mail (postmarked) by Sept 6, 2011.

Society for Descriptive Psychology
c/o Hap Cox, Ph.D.
Roanoke College Counseling Center
221 College Lane
Salem, Virginia 24153
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| Menu for _____ Please circle your choice for each meal. | | | |
|--|---|--|--|
| Plates in the Green/Blue column <i>and</i> the Red column are open to those who have upgraded to a Red Ticket. Any plate in any column is open to those who have upgraded to a Gold Ticket. | | | |
| Meal | Green/Blue: Choose Veggie or Meat | Red: Choices open to those who pay for a Red Ticket | Gold: Choices open to those who pay for a Gold Ticket |
| Thursday Dinner | Green: Vegetable Napoleon Blue: Grilled Chicken | Cumin Roasted Pork Loin | Grilled Salmon Filet |
| Friday Breakfast | Green: Boulder Creek Breakfast Blue: Soda Creek Breakfast | Biscuits & Gravy | Miners' Breakfast |
| Friday Lunch | Green: Roasted Vegetable Sandwich Blue: Colorado Chef Salad | Golden Grilled Tuna Wrap | Chicken Piccata |
| Friday Dinner | Green: Grilled Eggplant Parmesan Blue: Blackened Mahi Mahi | Roasted Chicken Roulade | Bridgewater Filet |
| Saturday Breakfast | Green: Boulder Creek Breakfast Blue: Soda Creek Breakfast | Bridgewater Breakfast Burrito | Miners' Breakfast |
| Saturday Lunch | Green: Classic Caesar Blue: Bridgewater Club Sandwich | Salmon Club | Grilled Top Sirloin |
| Banquet (buffet) | | | |
| Sunday Breakfast | Green: Boulder Creek Breakfast Blue: Soda Creek Breakfast | Strawberry French Toast | Miners' Breakfast |
| Sunday Lunch | Green: Roasted Vegetable Sandwich Blue: Golden Grilled Tuna Wrap | Mile High Meatloaf | Chicken Piccata |
| Please include your menu with your registration. Thanks! | | | |

Menu Descriptions from the Golden Hotel

Green: Boulder Creek Breakfast

STRAWBERRY & VANILLA YOGURT
BAGELS & CREAM CHEESE
GRANOLA
MILK
FRESH FRUIT & BERRIES

Blue: Soda Creek Breakfast

SCRAMBLED EGGS
APPLE CIDER CURED BACON
BREAKFAST SAUSAGE
HOMESTYLE POTATOES

Red: Biscuits & Gravy

FLUFFY BUTTERMILK BISCUIT
SAUSAGE GRAVY
SCRAMBLED EGGS
HOMESTYLE POTATOES

Red: Bridgewater Breakfast Burrito

FLOUR TORTILLA STUFFED WITH CHORIZO SAUSAGE, ONIONS, PEPPERS & SCRAMBLED EGGS
TOPPED WITH OUR AWARD WINNING GREEN CHILI AND CHEDDAR CHEESE
HOMESTYLE POTATOES

Red: Strawberry French Toast

FRESH STRAWBERRIES & SWEET STRAWBERRY SYRUP BETWEEN LAYERS OF OUR EGG DIPPED TEXAS TOAST
TOPPED WITH FRESH WHIPPED CREAM
BREAKFAST SAUSAGE
HOMESTYLE POTATOES

Gold: Miners' Breakfast

COUNTRY FRIED STEAK
SAUSAGE GRAVY
BUTTERMILK BISCUIT
SCRAMBLED EGGS
APPLE CIDER CURED BACON
HOMESTYLE POTATOES

Lunches:

Green: Roasted Vegetable Sandwich

GRILLED PORTOBELLO, ROASTED PEPPERS, EGGPLANT, ZUCCHINI, SQUASH, GOAT CHEESE
AND BASIL PESTO ON WHOLE GRAIN WHEAT BREAD, SERVED WITH FRENCH FRIES.

Green: Classic Caesar

HEARTS OF ROMAINE, PARMESAN & GARLIC CROUTONS, CAESAR DRESSING, PARMESAN CHEESE

Blue: Colorado Chef Salad

DICED HAM, TURKEY, SWISS & AMERICAN CHEESES, EGGS, BACON, RED ONIONS, TOMATOES,
CUCUMBERS AND RANCH DRESSING

Blue: Bridgewater Club Sandwich

HAM, TURKEY, BACON, AVOCADO, LETTUCE, TOMATO, MAYONNAISE AND AMERICAN CHEESE
BETWEEN LAYERS OF TOASTED WHEAT BREAD. SERVED WITH FRENCH FRIES

Blue/Red: Golden Grilled Tuna Wrap

GRILLED YELLOWFIN TUNA, SWEET SOY AIOLI, TOMATO, AND LETTUCE WRAPPED IN A SPINACH TORTILLA
WITH SWEET AND SPICY DIPPING SAUCES. SERVED WITH A SIDE OF FRESH FRUIT.

Red: Salmon Club

GRILLED SALMON FILET WITH BACON, BRIE CHEESE, LETTUCE, TOMATO AND DILL AIOLI
SERVED ON TOASTED SOURDOUGH WITH A BRIDGEWATER HOUSE SALAD

Red: Mile High Meatloaf

HOUSE MADE MEATLOAF, TEXAS TOAST, MASHED POTATOES, PORT DEMI GLACE & CRISPY ONIONS
SERVED WITH BUTTERED CORN

Gold: Chicken Piccata

LIGHTLY FLOURED CHICKEN BREAST WITH ARTICHOKE HEARTS, CAPERS, FRESH SPINACH AND LINGUINE
IN A WHITE WINE AND LEMON SAUCE WITH FRESH BASIL AND GARLIC TOAST.

Gold: Grilled Top Sirloin

SERVED WITH STUFFED BAKED POTATO, SAUTEED GARDEN VEGETABLES AND A WARM DINNER ROLL

Dinners:

Green: Vegetable Napoleon

GRILLED PORTOBELLO MUSHROOM WITH GOAT CHEESE, GRILLED VEGETABLES, AND BASIL PESTO

Green: Grilled Eggplant Parmesan

GRILLED EGGPLANT WITH FRESH MOZZARELLA CHEESE, MARINARA, PARMESAN CHEESE & FRESH BASIL
SERVED WITH GARLIC TOAST POINTS

Blue: Grilled Chicken

MARINATED GRILLED CHICKEN BREAST
CHOICE OF ROASTED GARLIC CREAM SAUCE OR APPLE AND THREE ONION COMPOTE
SERVED WITH WHITE CHEDDAR MASHED POTATOES AND SAUTEED GARDEN VEGETABLES

Blue: Blackened Mahi Mahi

SEARED BLACKENED MAHI MAHI IN LIME BUERRE BLANC SAUCE, FRESH SCALLIONS
SERVED WITH STEAMED RICE AND SAUTEED GARDEN VEGETABLES

Red: Cumin Roasted Pork Loin

OVEN ROASTED WITH APPLE BOURBON WHISKEY
SERVED WITH ROASTED GARLIC MASHED POTATOES AND BUTTERED CORN

Red: Roasted Chicken Roulade

RED PEPPER, SPINACH, FETA CHEESE AND PINE NUT STUFFED CHICKEN BREAST
SERVED WITH ROASTED GARLIC MASHED POTATOES, ROASTED VEGETABLE MEDLEY & BUERRE ROUGE SAUCE

Gold: Grilled Salmon Filet

GRILLED ATLANTIC SALMON WITH HONEY MUSTARD GLAZE
SERVED WITH WILD RICE PILAF AND GREEN BEANS ALMONDINE

Gold: Bridgewater Filet

EIGHT OUNCE GRILLED FILET, PORT REDUCTION
SERVED WITH ROASTED GARLIC MASHED POTATOES AND STEAMED ASPARAGUS